

Annapoorana Medical College & Hospital, Salem

CPR Awareness Week

Venue: E-Kattur PHC

Date: 17th October 2025

Organized by: Department of General Medicine & Department of Community Medicine

As part of the Nationwide CPR Awareness Week (13th–17th October 2025), the Departments of Medicine and Community Medicine, Annapoorana Medical College and Hospital, Salem, conducted an awareness program at E-Kattur Primary Health Centre. The event aimed to educate the community on the importance of Cardiopulmonary Resuscitation (CPR) — a lifesaving procedure performed during cardiac emergencies.



The session was initiated by Dr. Sivasubramanian, Assistant Professor, Department of Community Medicine, who emphasized the importance of CPR in saving lives and the need for community-level awareness. This was followed by an address from Dr Ramasamy, Head of the Department of General Medicine, who spoke about the critical role of early intervention during cardiac emergencies. Dr. Selvakumar, Senior Resident, Department of Medicine, then elaborated on recognizing cardiac arrest and seeking timely help. Dr Kamalesh., Medical officer E kattur emphasized the vital role of immediate CPR in saving lives during cardiac arrest situations. Finally, Dr. Kavya, Assistant Professor, Department of Community Medicine, highlighted the role of public health education in promoting life-saving practices like CPR.

CRMI students from the Department of Community Medicine took an active role in spreading awareness among the gathered public. They held informative posters in both English and Tamil, explaining the steps of CPR and its significance. The students also gave a live demonstration on how to perform CPR effectively, using a mannequin to show the correct hand placement, compression depth, and rhythm.





The interactive session helped participants gain practical knowledge and confidence to act promptly in emergency situations. The initiative successfully strengthened community understanding of emergency response and first aid, aligning with the broader mission of promoting health literacy and preparedness. Overall more than 60 participants were benefitted and learned the techniques of CPR.

